



# Media Guide



Photo: Eirik Førde

# Team Championships 1<sup>st</sup> League

# MEDIA GUIDE

<b>1. WELCOME MESSAGES</b>		<b>4. PARTICIPATING FEDERATIONS</b>	
Svein Arne Hansen, EA President	4	Participating federations	10
Stanley Wirak, Mayor	5		
<b>2. ABOUT NORWAY AND SANDNES</b>		<b>5. SCORING AND RANKING</b>	
About Norway	6	Scoring and ranking	11
About Sandnes	7		
<b>3. MEDIA INFORMATION</b>		<b>6. NORWEGIAN ATHLETICS FEDERATION</b>	
Media Information	8-9	Executive Board	12
Local Media Team		Local Organising Committee	
Accreditation Centre		Competition Committee	
Lost accreditation card			
Main Media Centre		<b>7. TIMETABLE</b>	
Official Press Conference		Timetable	14
Ceremonies			
Internet Connection		<b>8. APPENDIXES</b>	
Mixed Zone		Main Venue map	16
Photographers		Venue and Zones map	18
Transportation to Sandnes Stadium			
Parking			

# WELCOME MESSAGES



## European Athletic President

I am very pleased to welcome everyone to the European Athletics Team Championships First League here in Sandnes and I am sure we are in for a thrilling three days of athletics.

Speaking as a proud Norwegian – having been the president of the Norwegian athletics federation for 12 years until 2015 and my election as European Athletics President – I am very happy that my home country has taken on the responsibility of organising of this competition.

Norway has traditionally been very involved in staging continental athletics events, from the first post-World War II European Athletics Championships in 1946 to the 2010 European Athletics Team Championships, but this is the first time Sandnes has actually been the host for a major European Athletics competition.

However, I have every confidence that the organisation will be superb, not least because I know firsthand the experience and expertise of many of the people involved in the Local Organising Committee. Norwegian athletics is currently going through one of the great periods in its history. This was demonstrated by the three gold medals won

at last summer's Berlin 2018 European Athletics Championships by Karsten Warholm and Jakob Ingebrigtsen, and their further successes at the Glasgow 2019 European Athletics Indoor Championships. Consequently, I am sure that this competition will get plenty of attention from local athletics fans and the Norwegian

ago.

European Athletics are very grateful to the Norwegian athletics federation – Norges Friidrettsforbund – the city of Sandnes as well as all the officials and volunteers with the Local Organising Committee for all their hard work and commitment to staging this event.

## Speaking as a proud Norwegian...

media.

Norway should also be a contender for promotion to the 2021 Super League, having gone close to making return to the top division two years ago, and this factor will no doubt contribute to a great atmosphere in the Sandnes Stadium.

However, European Athletics will be restructuring the European Athletics Team Championships in 2021 and this year only one team will be promoted – and five relegated – so the competition will be tough and every point from every single team member of all the participating teams here will have great importance which, after all, was one of the reasons why we combined the previously separate men's and women's competitions and inaugurated these Championships a decade

I would just like to conclude by wishing everyone an enjoyable and successful weekend.

Our sport is all about exciting head-to-head competition and this weekend promises to provide plenty of that, which should delight fans from all the competing nations as well as neutral athletics aficionados.

Svein Arne Hansen  
European Athletics President



## Mayor of Sandnes, Stanley Wirak

Welcome to Sandnes!

It is an honor and a great pleasure to be able to welcome the European Athletics Team Championships to Sandnes. Sandnes Athletics have a long experience and tradition as hosts of major sports events. However, this is the biggest challenge the club has undertaken and the European Team Championships are the largest sporting event in our region that has ever been organized.

Sandnes is Norway's 7th largest city and the city is

in strong development. The population has passed 77,000 and for decades the city has been characterized by strong population growth and optimism. Sandnes has a rich culture - and nightlife. Langgata, in the centre of the city, is one of the longest pedestrian streets in Norway.

We have a large and strong athletics environment in Sandnes. The Ingebrigtsen family is perhaps best known, but Sandnes Athletics club have also fostered many other well-known athletes throughout the years.

The club has arranged the Norwegian Championship many

times, the last time in 2017.

Sandnes has a versatile business community with traditions within various industries. Bicycle production was for many generations one of Sandnes' hallmarks. In recent decades, the city and the rest of the region have enjoyed a strong oil industry.

I wish everybody a warm welcome to Sandnes and European Athletics Team Championships. I hope there will be some great athletics days with many good achievements and nice experiences, both for participants, managers and the public!

Stanley Wirak  
Mayor of Sandnes



Photo: Sandnes Sentrum

# ABOUT NORWAY

Form of Government	Parliamentary constitutional monarchy
Location	Northern Europe
Area	Scandinavia
Population	5.3 million
Coastline	Skagerrak, North Sea, Norwegian Sea, and Barents Sea – 2650 kilometres in length
Climate in August	Summer temperatures can reach 25 to 30 degrees Celsius, and there is hardly any humidity in the air.
Language	Norwegian
Religion	Lutheran Christianity
Local Time	Oslo
Tekst	GMT+1
Electricity	Europlug, type C & F
Driving	Right hand side
Telephone Country Code	+47
Mobile Phone Networks	Telenor, Telia, OneCall, Netcome, Ice
Currency	Norwegian Kroner, NOK



# SANDNES

Sandnes got city status as late as 1860 and is today a city of strong development, with a population of 77,000 inhabitants. For decades Sandnes has been characterized by strong population growth and optimism, and today the city is Norway’s 7th largest with a rich sports culture and a vibrant nightlife.

Sandnes has long traditions within various industries, for example in bicycle production, pottery and wool production. Today there are many companies related to the oil and gas industry.

The Blink Summer Ski Festival is a traditional ski and biathlon event hosted in the city streets every summer.

The same is true for the Tour des Fjords bike race which has a finish line in the middle of the city centre. These events bring together some of the world’s best athletes and reflects Sandnes great proximity to nature and outdoor activities.

Sandnes has a strong athletics environment and the Ingebrigtsen family is now worldwide known for their achievements. Sandnes athletics club has fostered many well-known athletes throughout the years and has tradition back to 1946. The sports team has organized the National championships several times and last time was in 2017.

Welcome to Sandnes and Sandnes Stadium!

## General Information

### Business Hours Shops, Government Offices, Banks

Shopping malls open from 10:00-20:00 (18:00 Saturday), Sunday closed.

Banks open from 09:00-16:00, Saturday and Sunday closed.

Government offices open 09:00-15:00, Saturday and Sunday closed.

### Official Airport

The official airport is Stavanger International Airport and is located 8 km away from Sandnes Stadium.

### Transportation from airport

Media is responsible for their own transportation from the airport to the official Media Hotel.

The transfer time from the airport to the media hotel is 15-20 minutes, depending on traffic. There are both a taxi service and an public airport bus going from the airport to Sandnes.

### Media Hotel

Hotel Sverre  
Storgaten 45, 4307 Sandnes  
Tel: +47 51 97 30 00  
<https://kronenhotels.no/hotel-sverre>

### Visa Requirements

The following countries require visas to enter Norway:

- Turkey
- Belarus

Visas should be obtained before leaving your country, from the Norwegian Embassy in Ankara for Turkey and from the French Embassy in Minsk for Belarus.

A special invitation letter and visa application information will be sent to participants who require a visa. For questions regarding visa, please contact:

Silje Tonning,  
[etch@sandnes-idrettslag.no](mailto:etch@sandnes-idrettslag.no)

Holders of valid Schengen visas can freely enter Norway without additional Norwegian visa

# MEDIA INFORMATION

## Local Media Team

Media & PR Operation Manager	Håvard Tjørhom	
Broadcasting Manager	NEP / Per Arild Berge	
Media Centre Manager	Nils Arne Johnsen	
Media Tribune Manager	Nils Arne Johnsen	
Mixed Zone Manager	Håvard Tjørhom	Phone: +47 918 31 067
Social Media	Silje Tønning	
Flash Interviews	Trude Håland	
Photo Manager	Anders Hoven	

## Main Accreditation Centre

The Main Accreditation Centre is located at Sandnes Stadium. We kindly ask you to present your valid identity card or passport to pick up your accreditation.

The opening dates and times of the Main Accreditation Centre will be as follows:

Tuesday 6 August	09:00 – 11:30 / 16:00-19:00
Wednesday 7 August	09:00 – 11:30 / 16:00-19:00
Thursday 8 August	09:00 – 11:30 / 16:00-19:00
Friday 9 August	09:00 - 19:00
Saturday 10 August	10:00 - 19:00
Sunday 11 August	10:00 - 18:00

## Lost accreditation card

Any lost or damaged accreditation card should be reported to the Main Accreditation Centre at Sandnes Stadium. Duplicate cards can be obtained where proof of identity can be established.

Unauthorised use of an accreditation card will result in the card being confiscated.

<h3>Opening Ceremony</h3> <p>The Opening Ceremony will take place at Sandnes Stadium on Saturday 10 August at 14:15. It consists of a flag parade with local youth athletes and official announcements and speeches.</p>	<h3>Victory Ceremonies</h3> <p>The victory ceremony for the three first teams will take place on Sunday 11 August after the 4x400m relays during the Closing Ceremony at the stadium.</p>
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## Main Media Centre

The Main Media Centre will be located in Giskehallen. The Media Centre offers the following to all accredited journalists and photographers:

- Work spaces for accredited media and photographers with electricity plugs
- Internet connections (Wi-Fi and LAN)
- TV screens with live signal
- Bib pick up for photographers (during photo briefing only)

The opening dates and times of the Main Media Centre will be as follows:

Thursday 8 August	19:00 – 21:00
Friday 9 August	14:00 - 21:00
Saturday 10 August	11:00 – 21:00
Sunday 11 August	10:00 – 19:00

## Official Press Conference

Official Press Conference will be held in the VIP area of the main building at Sandnes Stadium on Thursday 8 August, 18:00-19:00. A list with detailed names of the athletes participating in the Press Conference will be published at the Information Desk in the Media Centre.

## Internet Connection

The Media Centre, the Mixed Zone and the Media Tribune on the venue will be served by a free Wi-Fi internet service

## Mixed Zone

See map of venue for Mixed Zone location.

## Photographers

The photographers’ briefing will take place in the Media Centre on Friday 9 August at 14:00. Bibs will be distributed during the briefing. All accredited photographers must attend the briefing, since the distribution of Photo bibs will take place and the circulation and route through the course and finish area will be explained. All photo positions will be specified during the briefing.

## Transportation to Sandnes Stadium

Transport from Media hotel to venue and return will be provided. Please refer to the Information board in the hotel for exact schedule.

## Parking

There will be a limited number of parking spots in the parking place close to the Event Centre. Please ask for parking ticket at the Main Accreditation Centre, first come first serve principle.

# PARTICIPATING FEDERATIONS

The following countries participate in the European Athletics Team Championships First League 2019:



Turkey



Norway



Lithuania



Slovakia



Belarus



Hungary



Belgium



Ireland



Portugal



Romania



Netherlands



# SCORING AND RANKING

The European Athletics Team Championships comprises one single competition where men's and women's teams represent as a single team the respective European Athletics Member Federation.

The winner of each individual event and each relay in each match shall score as many points as there are teams competing in the respective League, the second will score one fewer, and so on. Athletes or relay teams with no valid performance, disqualified or not finishing shall not score.

In case of qualification rounds held for the track events, the athletes who competed, but did not qualify for the finals, would receive points according to their ranking, based on the amalgamated results of two heats (i.e. overall ranking from 9 to 11).

In case an athlete qualified for the final, but subsequently had no valid result (i.e. either DQ or DNF or DNS), he/she will still be eligible to receive minimum points according to the qualification rounds (e.g. taking 8th place in the overall ranking). In case there are more than one athlete with no valid results in the final, the relevant points will be equally distributed.

In case of heats the results of the two heats are amalgamated, with the athletes' times determining their placings. In case of a tie between athletes in the different heats for races up to 400m inclusively and relays the photo finish judge shall consider the actual times to the 1/1000th of a second.

If two or more athletes tie for a place in any event, the attributable points shall be divided equally between them.

The team having the highest aggregate number of points shall be the winner of the European Athletics Team Championships First League Sandnes 2019 and will be promoted to the Super League for the next edition. The last four ranked teams will be relegated to the Second League for the next edition.

If two or more teams have the same aggregate number of points, the tie shall be decided in favour of the team having the greater number of event winners. If the tie still remains it shall be decided in favour of the team having the greater number of second places, and so on. (Regulation 602.12).



# NORWEGIAN ATHLETICS FEDERATION

## Executive Board

President	Ketil Tømmernes
General Secretary	Kjetil Hildeskor

## Local Organising Committee

General Director	Jan Norheim
Deputy Director	Kenny Rettore
General Secretary	Silje Tonning
Volunteers	Geir Eikeskog
Press / Media	Håvard Tjørhom
Finance	Gustav Eriksen
Medical/Anti-Doping	Bjørn Steinar Nedrebø
Transport / Accommodation	Hallvard Ween
Promotion / Marketing	Arild Netland
Security	Per Nystrøm
Venue	Stig Ovedal-Hakestad
Infield	Øyvind Røberg
Liaison NFIF (Norwegian Federation)	Kjetil Hildeskor

## Competition Committee

Competition Director	Kristian Bøe
Deputy Competition Director	Øyvind Røberg
Technical, Competition	Trond Lindanger
Technical, Facilities	Jørn Vølstad
Event Presentation Manager	Nils Kristen Wiig
Administrative Assistant CD	Sølvi Rabben
Referee Coordinator	Ole Petter Sandvik



Photo: Getty Images

# Timetable

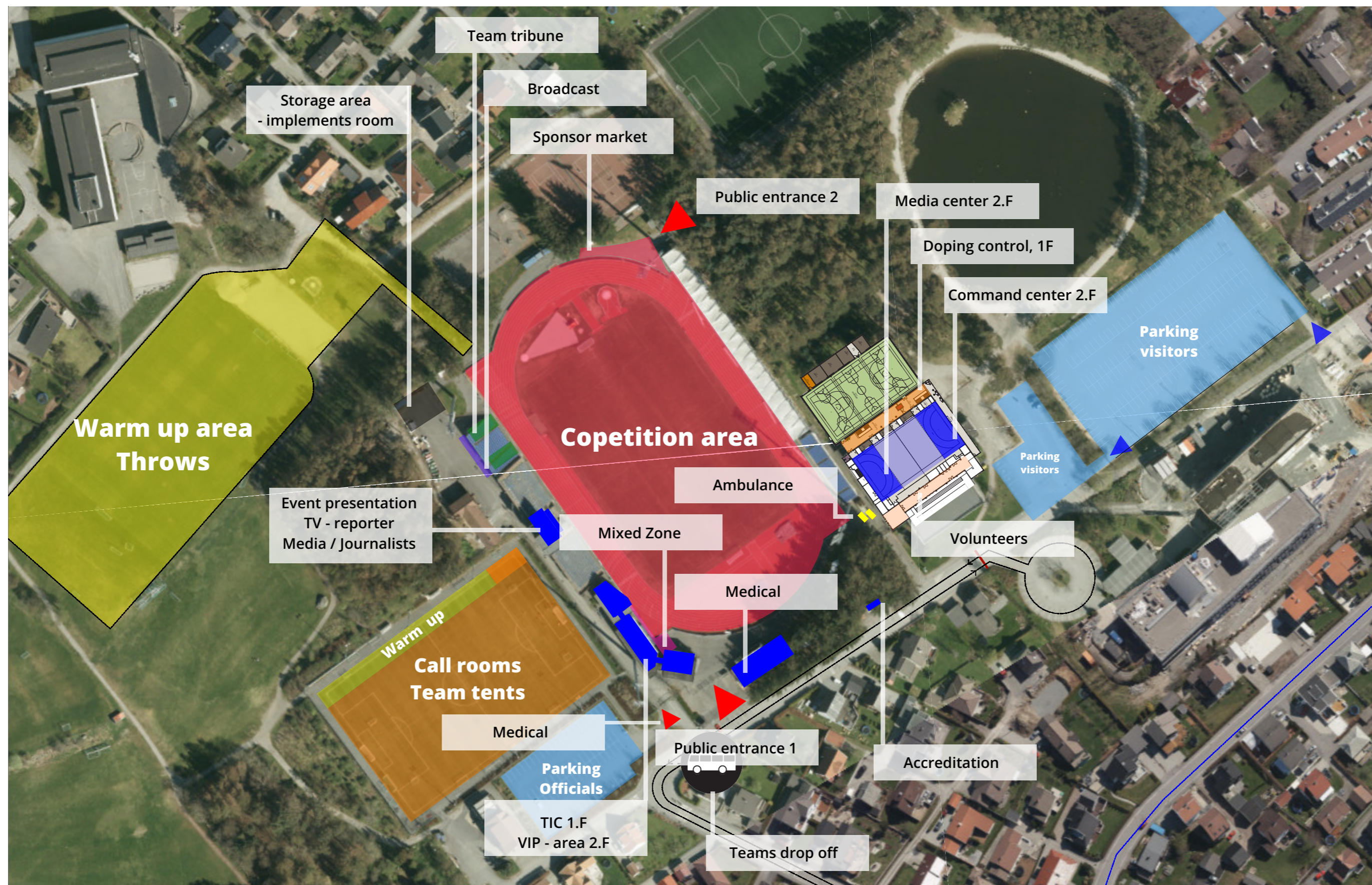
DAY 1 - Friday 9. August		
hh:mm	Event	M/W
15:25	100m	M
15:37	100m	W
15:58	Hammer Throw	M
16:00	110m H	M
16:18	110m H	W
16:35	100m	M
16:44	4. Hammer Throw	M
16:52	100m	W
17:05	200m	M
17:18	200m	W
17:31	Discus Throw	W
17:33	400m	M
17:46	400m	W
18:08	400m H	M
18:17	4. Discus Throw	W
18:26	400m H	W

DAY 2 - Saturday 10. August		
hh:mm	Event	M/W
13:45	Pole Vault	W
14:15	Opening Ceremony	
14:34	Hammer Throw	W
14:47	400m H	W
14:57	400m H	M
15:00	Triple Jump	W
15:07	100m	W
15:15	100m	M
15:18	Shot Put	M
15:20	4. Hammer Throw	W
15:27	3000m	W
15:45	800m	W
15:48	4. Triple Jump	W
15:55	400m	W
15:58	4. Shot Put	M
16:00	High Jump	M
16:06	400m	M
16:14	5000m	M
16:37	3000m SC	W
16:44	Javelin Throw	W
16:52	Long Jump	M
16:54	1500m	M
17:06	4 x 100 Relay	W
17:15	4 x 100 Relay	M
17:27	4. Javelin Throw	W
17:35	4 x 100 Relay	W
17:38	4. Long Jump	M
17:46	4 x 100 Relay	M

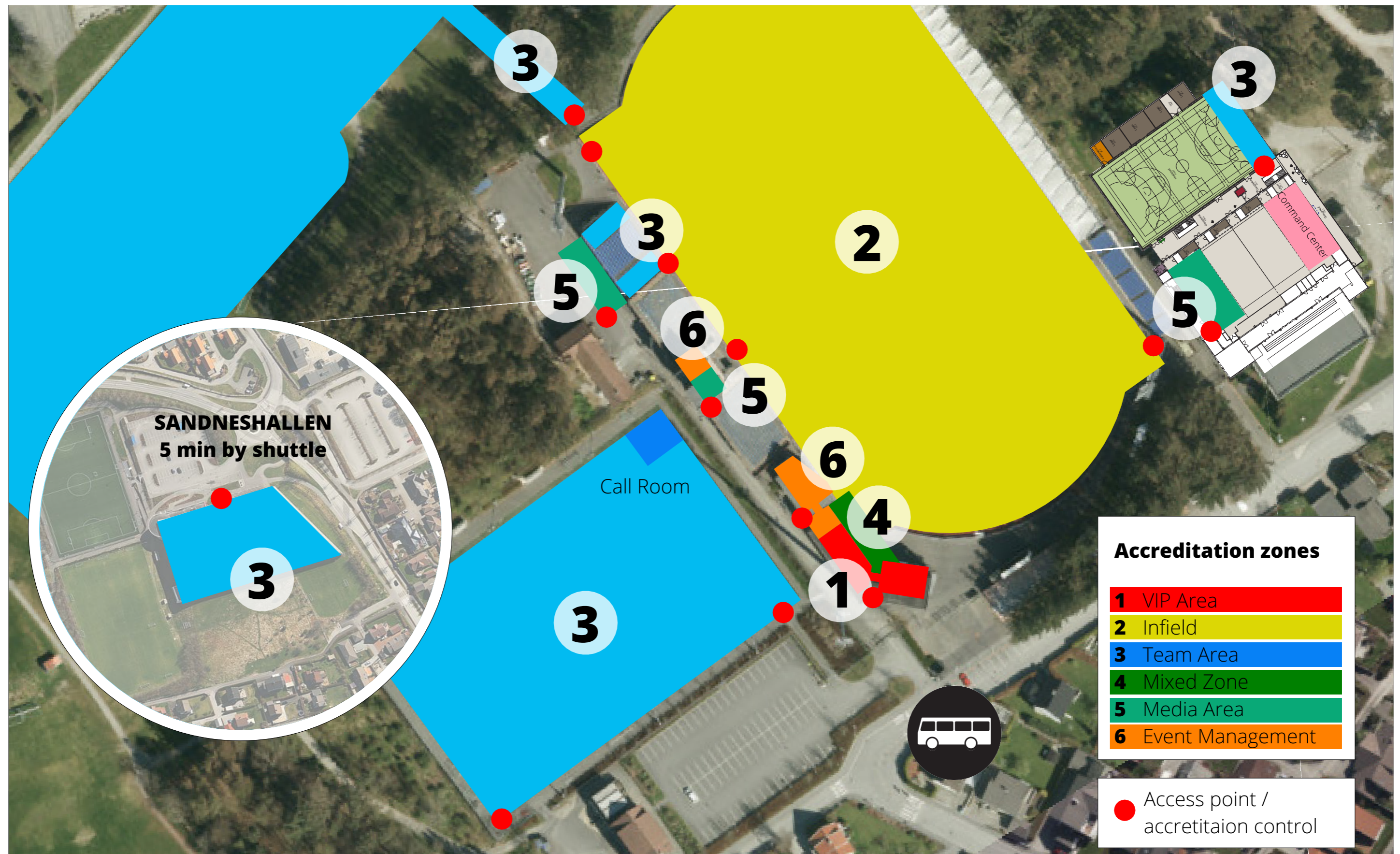
DAY 3 - Sunday 11. August		
hh:mm	Event	M/W
12:30	Pole Vault	M
13:02	Triple Jump	M
13:05	110m H	M
13:19	110m H	W
13:30	Discus Throw	M
13:32	800m	M
13:44	1500m	W
13:50	4. Triple Jump	M
13:51	Shot Put	W
14:00	3000m SC	M
14:11	High Jump	W
14:13	4. Discus Throw	M
14:21	200m	W
14:29	200m	M
14:31	4. Shot Put	W
14:40	5000m	W
14:50	Long Jump	W
15:00	Javelin Throw	M
15:03	3000m	M
15:20	4 x 400m Relay	W
15:31	4 x 400m Relay	M
15:36	4. Long Jump	W
15:43	4. Javelin Throw	M
15:52	4 x 400m Relay	W
16:03	4 x 400m Relay	M



## Appendix - Venue



## Appendix - Accreditation system - Access Zones



## OFFICIAL PARTNERS



## MAIN SPONSORS



## OTHER SPONSORS

